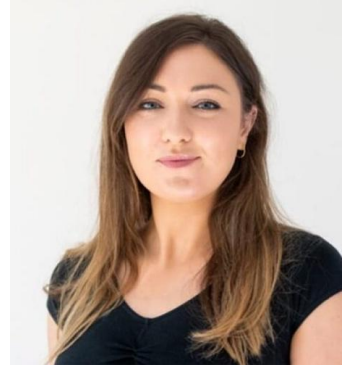


Dr Francesca Wood

BSc, D.Clin.Psy. C.Psychol

**HCPC Registered Clinical Psychologist & EMDR Europe
Accredited Practitioner**



CONTACT



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PROFESSIONAL QUALIFICATIONS

Doctorate, Clinical Psychology – University of
Oxford 2020

BSc (Hons) Psychology – Cardiff University (2014)

PROFESSIONAL EXPERIENCE

Director / Principal Clinical Psychologist 2025 – Present- Restart
Psychology Ltd

Principal Clinical Psychologist in Neonatal Intensive Care 2023-
Present- Bristol NHS Foundation Trust

Associate / Clinical Psychologist in Private Practice 2023- 2026 –
Bristol Psychology Services

Associate / Clinical Psychologist in Private Practice 2022 – 2023-
Reigate Psychology Services

Senior Clinical Psychologist in Critical Care 2020 – 2023- Surrey &
Sussex NHS Trust

Trainee Clinical Psychologist 2017 – 2020-
University Of Oxford / Oxford Health Nhs Foundation Trust

Assistant Psychologist in Neurorehabilitation 2016 – 2017-
Glenside Manor Healthcare Ltd

Assistant Psychologist in Eating Disorders 2014 – 2016- Southern
Health Nhs Foundation Trust

CURRENT TRAINING

EMDR (Completed, 2023)
Richman EMDR Training

AREAS OF INTEREST

- Major trauma
- Critical illness
- Personal injury
- Birth trauma

PROFESSIONAL MEMBERSHIPS

HCPC registration number: PYL38651

MEDICO-LEGAL TRAINING

Completed training with the Expert Witness
Institute (EWI).

CLINIC LOCATIONS: Bath

Publications

Dr Wood is the primary author of the following book chapters:

'*Intensive Care Psychology*', Oxford Specialist Handbooks in Psychiatry (Solomons & Jones), Oxford University Press (*in press as of March 2026*).

'*Brief Psychological Interventions*', Oxford Specialist Handbooks in Psychiatry (Solomons & Jones), Oxford University Press (*in press as of March 2026*).

'*Mum & baby: a tug of needs in cot space seven*', A Treasury of Narratives from Neonatal Psychological Practice (Evans et al.), Taylor & Francis (*in press as of March 2026*).

Additional, peer-reviewed, publications include:

Beadman, M., Highfield, J., Wade, D., Ford, D., Scott, Z., & **Wood, F.** (2021). The health of intensive care unit teams: moving beyond a trauma focus. *Occupational Medicine*, 71(8), 386-387.

Turner, H., Bryant-Waugh, R., Marshall, E., & **Wood, F.** (2019). Patient expectations, eating disorder severity and personality features: Impact on eating pathology in psychological therapy for eating disorders. *Eating behaviours*, 32, 85-89.

Turner, H., Marshall, E., Wood, F., Stopa, L., & Waller, G. (2016). CBT for eating disorders: The impact of early changes in eating pathology on later changes in personality pathology, anxiety and depression. *Behaviour research and therapy*, 77, 1-6.

Davies, A., Mallows, L., Easton, R., Morrey, A., & **Wood, F. (2014)**. A survey of the provision of family therapy in medium secure units in Wales and England. *The Journal of Forensic Psychiatry & Psychology*, 25(5), 520-534.

Dr Wood has presented at international conferences including:

- *Do Parent Led Ward Rounds on a NICU Improve Family Experiences?* The British Association of Perinatal; Medicine Annual Conference in Cardiff (September, 2025). Lead author/presenter.
- *Comparing psychological outcomes for COVID vs non-COVID ICU patients.* The European Society of Intensive Care Medicine Annual Congress in Paris (October, 2022). Solo author/presenter.

Dr Wood is committed to continuing her professional development to ensure her skills and knowledge are up to date. Recent CPD activity includes (but is not limited to):

- CIVIL LITIGATION ESSENTIALS (Expert Insight Webinar, 2026)
- PTSD IN CIVIL LITIGATION (PART 1 & 2) (Expert Insight Webinar, 2026)
- PART 35 QUESTIONS & JOINT STATEMENTS (Expert Insight Webinar, 2026)
- BASICS OF REPORT WRITING (Expert Witness Institute, 2025)
- TRAUMA-FOCUSED ACCEPTANCE & COMMITMENT THERAPY (Dr Russ Harris, 2024)
- SUPERCHARGE YOUR COMPASSION FOCUSED THERAPY (Professor Russell Kolts, 2024)
- ACCEPTANCE & COMMITMENT THERAPY FOR PHYSICAL HEALTH PROBLEMS (Dr Ray Owen, 2023)
- MORAL INJURY IN OCCUPATIONAL SETTINGS (Centre for Developmental & Complex Trauma, 2022)