

Dr Laura Grundy

**BSc D.Clin.Psy. C.Psychol HCPC
Registered Practitioner
Psychologist**



CONTACT



01242 263 715



Team2@hughkochassociates.co.uk



www.hughkochassociates.co.uk

PROFESSIONAL QUALIFICATIONS

**EMDR Training: Full Four-Part Europe
Accredited Programme**

2016

Doctorate in Clinical Psychology (DClinPsy)

University of Wales Cardiff

2005

BA in Psychology

University of Wales, Swansea

1997

PROFESSIONAL MEMBERSHIPS

HCPC registration number: PYL15152

Chartered member of the British Psychological Society
(BPS) 406350

Register of Expert Witness, British Psychological
Society

RECENT PUBLICATIONS

Koch HCH, Grundy L and Robertson C (2022)

Legal Mind Case and Commentary No. 38 The
Importance of Being an Independent Expert. PIBULJ.

Koch HCH, Carleton N, Cann A and Grundy L

(2018) Coping with Medical-Legal Uncertainty-
Training for Greater Resilience. Expert Witness
Journal

PROFESSIONAL EXPERIENCE

Independent Practitioner

February 2018 – Current

Clinical Psychologist, Aneurin Bevan UHB

September 2023 – June 2024

**Consultant Clinical Psychologist Pain Management
and Critical Care - Health Psychology, Aneurin
Bevan UHB**

October 2016 – April 2018

**Clinical Psychologist Adult Mental Health, Priory
Hospital, Bristol**

May 2016 – September 2016

**Clinical Psychologist Organisational Wellbeing
Service – Organisational Psychology, Cardiff and
Vale UHB**

November 2013 - August 2015

**Complex Backpain (Back in Action Team) - Health
Psychology. Cardiff and Vale UHB**

September 2012 – November 2013

**Adult Mental Health - Community Mental Health
Team Cardiff and Vale UHB**

January 2005 – September 2012

**Trainee Clinical Psychologist South Wales
Doctoral Course in Clinical Psychology**

September 2002 – 2005

TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children); PTSD;
Anxiety Disorders; Depression; Road Accident;
Effects of Automatism in Traffic Situations; Work
Accident; Housing Stress; Chronic Pain; Reliability
of Witness; Employment Cases; Data Breach

CLINICS: Abercynon, Abergavenny, Bridgend,
Cardiff and Newport

EXPERT WITNESS TRAINING

- The British Psychological Society Expert Witness Advisory Group – One Day Conference September 2019
- Festival Training: Role and duty of the Expert Witness – 2020
- Festival House: Skills in Report Writing – 2020
- Festival House: Skills in Preparing joint statements – 2020
- Festival House: Cross-Examination and courtroom Skills - 2020
- Expert Witness Institute – Clinical Negligence for Mental Health Programmes – 2021
- British Psychology Society – Expert Witness Conference – 2024
- Expert Witness Institute – Understanding Fundamental Dishonesty – 2025
- The British Psychological Society: Essential Knowledge for the expert witness. Full programme – completed October 2025.

MEDICOLEGAL EXPERIENCE

Dr Grundy began completing medicolegal reports (including clinical negligence cases) in 2018 and currently completes over 350 reports per year. She has not yet been required to attend court. The ratio of instructions from claimants and defendants is approximately 90:10, majority claimant.