

Dr Laura Grundy

**BSc D.Clin.Psy. C.Psychol HCPC
Registered Practitioner
Psychologist**



CONTACT

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PROFESSIONAL QUALIFICATIONS

EMDR Training: Full Four-Part Europe Accredited Programme

2016

Doctorate in Clinical Psychology (DClinPsy)

University of Wales Cardiff

2005

BA in Psychology

University of Wales, Swansea

1997

PROFESSIONAL MEMBERSHIPS

HCPC registration number: PYL15152

Chartered member of the British Psychological Society (BPS) 406350

Register of Expert Witness, British Psychological Society

RECENT PUBLICATIONS

Koch HCH, Grundy L and Robertson C (2022)
Legal Mind Case and Commentary No. 38 The Importance of Being an Independent Expert. PIBULJ.

Koch HCH, Carleton N, Cann A and Grundy L (2018) Coping with Medical-Legal Uncertainty-Training for Greater Resilience. Expert Witness Journal

PROFESSIONAL EXPERIENCE

Independent Practitioner
February 2018 – Current

Clinical Psychologist, Aneurin Bevan UHB
September 2023 – June 2024

Consultant Clinical Psychologist Pain Management and Critical Care - Health Psychology, Aneurin Bevan UHB
October 2016 – April 2018

Clinical Psychologist Adult Mental Health, Priory Hospital, Bristol
May 2016 – September 2016

Clinical Psychologist Organisational Wellbeing Service – Organisational Psychology, Cardiff and Vale UHB
November 2013 - August 2015

Complex Backpain (Back in Action Team) - Health Psychology. Cardiff and Vale UHB
September 2012 – November 2013

Adult Mental Health - Community Mental Health Team Cardiff and Vale UHB
January 2005 – September 2012

Trainee Clinical Psychologist South Wales Doctoral Course in Clinical Psychology
September 2002 – 2005

TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children); PTSD; Anxiety Disorders; Depression; Road Accident; Effects of Automatism in Traffic Situations; Work Accident; Housing Stress; Chronic Pain; Reliability of Witness; Employment Cases; Data Breach

CLINICS: Abergavenny, Bridgend, Cardiff and Newport

EXPERT WITNESS TRAINING

- The British Psychological Society Expert Witness Advisory Group – One Day Conference September 2019
- Festival Training: Role and duty of the Expert Witness – 2020
- Festival House: Skills in Report Writing – 2020
- Festival House: Skills in Preparing joint statements – 2020
- Festival House: Cross-Examination and courtroom Skills - 2020
- Expert Witness Institute – Clinical Negligence for Mental Health Programmes – 2021
- British Psychology Society – Expert Witness Conference – 2024
- Expert Witness Institute – Understanding Fundamental Dishonesty – 2025
- The British Psychological Society: Essential Knowledge for the expert witness. Full programme – completed October 2025.

MEDICOLEGAL EXPERIENCE

Dr Grundy began completing medicolegal reports (including clinical negligence cases) in 2018 and currently completes over 350 reports per year. She has not yet been required to attend court. The ratio of instructions from claimants and defendants is approximately 90:10, majority claimant.