

# Dr Simon Midgley

Chartered Clinical Psychologist, D. Clin.  
Psych., Bsc. (Hons), Dip. Cog. Ther.,



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## CONTACT



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<https://www.hughkochassociates.co.uk/>

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## PROFESSIONAL QUALIFICATIONS

### Diploma in Cognitive Therapy

University of Durham  
2003-2004

### Doctorate in Clinical Psychology

University of Newcastle  
1999-2002

### Psychology BSc. (Hons.)

University of Northumbria  
1993-1996

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## PROFESSIONAL MEMBERSHIPS

Chartered Member - British Psychological Society –  
Membership Number 87519

Health Professions Council – PYL17887

British Psychological Society – Directory of Expert  
Witnesses

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**CLINICS:** Leeds, Newcastle-Upon-Tyne & Sunderland

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## TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children): PTSD;  
Child Physical, Emotional and Sexual Abuse;  
Anxiety Disorders; Road Accident; Work  
Accident; Employment Stress; Psychological  
Aspects of Medical Negligence; Chronic Pain;  
Reliability of Witness; Criminal Injuries  
Compensation (Adults and Children including  
Child Abuse); Assessment and Treatment of  
Child and Adolescent Accident Trauma and  
Anxiety and the Effects of Child Abuse; Data  
Breach.

## PROFESSIONAL EXPERIENCE

### Chartered Clinical Psychologist

May 2013 – Current

HK Associates

### Chartered Clinical Psychologist

July 2010 – Current

Independent Practice

### Clinical Psychologist (Part time)

January 2011 – January 2014

Police, Scotland.

### Consultant Clinical Psychologist

August 2010 – November 2011

Parsons Dowd Psychological Ltd.

### Mental Health Advisor

October 2009 – March 2010,

Médecins Sans Frontières, Operational Centre Amsterdam.

### Mental Health Advisor

March 2009 – August 2009

Médecins Sans Frontières, Myanmar (Burma).

### Mental Health Officer

November 2008 – December 2008

Médecins Sans Frontières, Emergency Team, Balochistan  
Earthquake, Pakistan.

### Mental Health Officer

September 2006 – April 2008

Médecins Sans Frontières, Urabá Project, Colombia.

### Clinical Psychologist (Band 8a)

October 2002 – July 2006

North Tyneside Primary Care Trust.

### Trainee Clinical Psychologist

September 1991 – September 2002

University of Newcastle upon Tyne.

### Senior Research Assistant

November 1998 – September 1999

Centre for Clinical Psychology and Healthcare, Research,  
University of Northumbria.

### Assistant Research Psychologist

January 1997 – June 1998

Centre for Alcohol and Drug Studies, Newcastle NHS Trust



## RECENT PUBLICATIONS

**Luce, A., Firth-Cozens, J., Midgley, S. & Burges, C. (2002).** After the Omagh bomb: Posttraumatic stress disorder in health service staff. *Journal of Traumatic Stress*, 15 (1), 27-30.

**Midgley, S. J., Heather, N., Best, D., Henderson, D., McCarthy, S. & Davies, J. B. (2000).** Risk behaviours for HIV and hepatitis infection among anabolic-androgenic steroid users. *AIDS Care*, 12 (2), 163-170.

**Firth-Cozens, J., Midgley, S. J. & Burges, C. (1999).** Questionnaire survey of post-traumatic stress disorder in doctors involved in the Omagh bombing. *British Medical Journal*, 319, 1609.

**Midgley, S. J., Heather, N. & Davies, J. B. (2001).** Levels of aggression among a group of anabolic-androgenic steroid users. *Medicine, Science and the Law*, 41 (4), 309-314.

**Midgley, S. J., Heather, N. & Davies, J. B. (2000).** Dependence-producing potential of anabolic-androgenic steroids. *Addiction Research*, 7 (6), 539-550.

**Firth-Cozens, J. & Midgley, S. (2000).** Clinical governance development need in clinical psychologists. *Clinical Psychology Forum*, No. 139, 32-34.

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## CURRENT TRAINING

Completed Expert Witness Training Seminars (The Role and Duty of the Expert Witness; Skills in Report Writing; Skills in preparing Joint Statements; Cross-examination and Courtroom Skills)

## RECENT PROFESSIONAL DEVELOPMENT AND TRAINING

Bond Solon Witness Familiarisation Program (Criminal and Civil) (2015)

British Psychological Society Expert Witness Level 1: Essential Knowledge

British Psychological Society Expert Witness Level 2: Report Writing

British Psychological Society Expert Witness Level 3: Court Room Evidence

British Psychological Society Expert Witness Level 4: Psychometrics (2015)

Bond Solon Civil Procedure Rules For Expert Witnesses Certificate (2014)

Eye Movement Desensitisation and Reprocessing (EMDR) Part 1, Edinburgh, August 2010.

Working Successfully in Private Practice – British Psychological Society workshop, London, May 2010.

Mental Health in Areas of Armed Conflict, MSF, Baku, Holland, October 2008.

Voluntary Counselling and Testing for HIV/AIDS, Apartadó, Colombia, December 2007.

Psychosocial Interventions in areas of Armed Conflict, Bogotá, Colombia, December 2006

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## MEDICOLEGAL EXPERIENCE

Dr Midgley began medicolegal reporting (including clinical negligence cases) in 2013, and completes over 600 reports per year. He has attended court once. The ratio of instructions from claimants and defendants is approximately 90:10, majority claimant.