


# Dr Mari Aldridge


**BSc (Joint Hons). DClinPsych. MSc.  
Clinical and Forensic Psychologist**

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## CONTACT

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## PROFESSIONAL QUALIFICATIONS

### Accredited EMDR Practitioner

EMDR Europe - 2020

### Accredited CBT Therapist

BABCP - 2011

### Doctorate in Clinical Psychology

University of Bristol

2003-2007

### MSc in Criminological Psychology

University of Birmingham

2000-2001

### BSc (Joint Hons) Psychology and Sociology

University of Bath

1994-1998

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## PROFESSIONAL REGISTRATIONS

HCPC (Registration number: PYL01671)

British Psychological Society (Membership number: 088250)-Division of Clinical Psychology, Forensic Psychology and Faculty of Learning Difficulties

British Association for Behavioral and Cognitive Psychotherapies (Accredited CBT Therapist and Full Member, 090931)

Full Member of EMDR UK

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## CLINICS

Taunton & Exeter

## PROFESSIONAL EXPERIENCE

### HCPC CLINICAL AND FORENSIC PSYCHOLOGIST AND DIRECTOR

August 2011—Current

M.L.A. Psychology Services Limited, Taunton

### DIRECTOR AND CLINICAL LEAD

2016-Current

Prometheus Psychological Therapy Centre, Taunton

### PRINCIPAL CLINICAL PSYCHOLOGIST

April 2009- April 2011

Taunton and Somerset NHS Trust, Community Mental Health Team, Taunton

### CLINICAL AND FORENSIC PSYCHOLOGIST

September 2007- April 2009

Orchard House Family Assessment Centre, Taunton

### CLINICAL AND FORENSIC PSYCHOLOGIST

September 2007- April 2009

Independent Medical and Psychological Services Ltd (IMPS), Taunton

### FORENSIC PSYCHOLOGIST

1999-2003

Offending Behaviour Programmes Unit, H.M. Prison Service, London

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## TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children), PTSD, Anxiety Disorders, Depression, Road Accident, Effects of Automatism in Traffic Situations, Work Accident, Housing Stress, Psychological aspects of Medical Negligence, Chronic Pain, Reliability of Witness, Employment Cases, Forensic Psychology, Data Breach

## **ADDITIONAL TRAINING/CPD**

University of Cardiff, Bond Solon Expert Witness Training (Role and Duty of Expert Witness, Skills in Report Writing, Cross Examination and Court Room Skills).

British Psychological Society: Expert Witness Review – Using Psychometrics

Advanced Trauma Training – Bessel Van de Kopp

Compassionate Focused Therapy for Post -Traumatic Stress Disorder

PESI – Intensive Trauma Treatment Course

Mindfulness Based Stress Reduction

EMDR Training Part 4

Historical Clinical Risk-V3 (HCR-V3) for the Assessment of Violence Risk

Psychopathy Checklist Revised Reliability Training (PCL-R)

International Personality Disorder Examination (IPDE)

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## **CURRENT TRAINING**

Completed Expert Witness Training Seminars (The Role and Duty of the Expert Witness; Skills in Report Writing; Skills in preparing Joint Statements; Cross-examination and Courtroom Skills)

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## **OTHER EXPERIENCE**

From 2001/2002 – Undertook risk assessments and attended for parole hearings via the prison service for several years. Once leaving the prison service, continued on a private basis until 2020.

From 2007 until 2020/2021 - Undertook psychological and risk assessments for family law proceedings and has given evidence/been cross examined in court on multiple occasions.

From 2015 began medicolegal work.

Has attended the Bond Solon expert witness training for court attendance, but as of January 2024 has not attended court for medicolegal purposes.

Approximately 285 reports completed annually via HK Associates, with an approximate split of claimant, defendant, and joint instructions of 90:5:5.

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## **PUBLICATIONS**

Koch HCH, Jansen F, Ma SYA, Aldridge M and Nokling KE (2023) Legal Mind Case and Commentary No. 42 Expert Impartiality: Compliance. PIBULJ. April.

Koch, H.C.H., Jansen, F.; Savage., J; Aldridge, M. & Nokling, K. (2022) Legal Mind Case and Commentary No. 37 Legal Mind Cases on Dishonesty. PIBULJ. February.

Koch HCH, Aldridge M, Grace J and Jansen F (2021) Legal Mind Case and Commentary No. 35 A reasonable expert, please? PIBULJ. July.