

# Dr Louise Payne

## Chartered Clinical Psychologist

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### CONTACT



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### PROFESSIONAL QUALIFICATIONS

#### Diploma in Cognitive Therapy

CNWL Mental health Trust, 2003 - 2004

#### Doctoral Degree in Clinical Psychology

University of East London, 1995 - 1998

#### BA (Hons) Psychology 2:1

University of Nottingham, 1989 - 1992

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### TYPICAL AREAS OF INVOLVEMENT

I have worked as an expert witness since 2003. I have extensive experience in carrying out medico-legal assessments, and have written in excess of 4000 reports (averaging approximately 250 a year). I have attended court on two occasions, and my claimant/defendant ratio is 80:20.

My range of experience includes the impact of traumatic events during childhood and adolescence, and the psychological impact of trauma and /or stressors in adulthood (e.g., accidents and personal injury, work-related stressors, assaults, data breach incidents), animal attacks, sexual dysfunction, and the psychological impact of chronic / complex medication conditions. I have carried out multiple assessments for asylum hearings.

I have completed specialist training in assessment of neurodevelopmental problems (autism, ADHD), and conduct assessments in this area.

### PROFESSIONAL EXPERIENCE

#### Expert Witness

2003 - present  
Assessment of both adults and children.

#### Deputy Programme Director, CNWL (NHS) & RHUL High Intensity CBT Training

2008 - present

#### Private Practice

1999 - present

#### Lead Clinical Psychologist (NHS)

2009 - 2019  
Adult mental health, specialising in trauma and childhood abuse.

#### Clinical Psychologist (NHS)

1999 - 2009  
Adult mental health and health psychology, working with both adults and children.

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### CLINICAL EXPERIENCE

I have worked as a clinical psychologist since 1999, in areas including adult mental health, health psychology and specialist trauma services. I have extensive clinical experience assessing and treating both children and adults experiencing a wide range of mental health problems. Areas of clinical specialism include the psychological impact of trauma in early life and adulthood, post-traumatic stress, anxiety disorders and mood disturbance. In addition to expert witness work, I am the deputy director of a specialist CBT training programme. I deliver teaching and expert supervision on a range of clinical disorders. I have an excellent understanding of diagnosis and the evidence-base for effective treatment of psychological disorders. Clinically, I work in private practice with both adolescents and adults.

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**CLINICS:** London, Slough