

Dr Fehmida Natha

**DClinPsy, MSc Forensic Psychology,
BSc Psychology**



CONTACT



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PROFESSIONAL QUALIFICATIONS

Doctorate in Clinical Psychology

Lancaster University
2011-2015

MSc in Forensic Psychology

University of Central Lancashire
2010-2011

BSc in Psychology

University of Central Lancashire
2007-2010

PROFESSIONAL REGISTRATIONS

HCPC (Registration number: PYL33042)

TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults), PTSD, Anxiety Disorders, Depression, Road Accident, Effects of Automatism in Traffic Situations, Work Accident, Housing Stress, Reliability of Witness, Employment Cases, Forensic Psychology, Psychological aspects of Medical Negligence, Data Breach.

ADDITIONAL TRAINING/WORKSHOPS

January 2024 (commencing): Eye Movement Desensitisation Reprocessing (EMDR) Training. EMDR Training Institute (Dr Sandi Richman)

October 2023: Motivational Interviewing Stage 1: APT. Dr Laura Hines

March 2023: Trauma-Focussed CBT for all Ages. Association for Psychological Therapies. 3 day training (18 hours CPD). Dr Matthew Daniel

November 2021: The role and duty of the expert, skills in report writing, skills in preparing joint statements, and cross-examination and court-room skills. Festival Training. Professor Hugh Koch

PROFESSIONAL EXPERIENCE

EXPERT WITNESS

January 2022 – Current
HK Associates

SENIOR CLINICAL PSYCHOLOGIST

July 2017- Current

Lancashire Care Foundation Trust

CLINICAL PSYCHOLOGIST

December 2015- May 2017

HMP Garth, Beacon Unit, Leyland - MerseyCare NHS Trust

TRAINEE CLINICAL PSYCHOLOGIST

September 2011- November 2015

Lancashire Care Foundation Trust

MENTAL HEALTH SUPPORT WORKER

June 2010- September 2011

Lancashire and South Cumbria NHS Foundation Trust

CLINICS

Blackburn and Preston

MEDICOLEGAL EXPERIENCE

Dr Natha began medicolegal work (including clinical negligence cases) in 2022, completing over 100 reports per year for both standard and clinical negligence cases. Claimant/defendant ratio is approximately 90:10. She has not yet been required to attend court.



November 2020: Mentalisation Based Therapy: Basic Training. Anna Freud Centre. (Dr Anthony Bateman). 1 month programme (3-day live teaching days, alongside 21 hours self-guided content – online course)

May 2018: Introduction to Compassion Focussed Therapy: Working with Shame and Self-criticism – 3-day workshop (Dr Chris Irons)

April 2017: The Use of Cognitive Analytic Therapy in Forensic Settings (1 day conference)

March 2017: RSVP Manual training – 2-day workshop (Andrew Sims Centre)

March 2017: DBT Skills 2-day workshop (British Isles DBT Training)

June 2016 – 2-day workshop: HCR-20 V3 training (Greater Manchester West)

October-December 2014: Dissociative Identity Disorder: 5-day workshop (First Person Plural)

Sept 2010 – Dec 2010 – HCR-20 V2 Risk Assessment Training (University of Central Lancashire)

April 2011 – START Risk Assessment Training (University of Central Lancashire)

PUBLICATIONS

Natha, F., & Daiches, A. (2014). The Effectiveness of EMDR in Reducing Psychological Distress in Survivors of Natural Disasters: A Review. *Journal of EMDR Practice and Research*, 8, 157-170. Doi: /10.1891/1933-3196.8.3.157

Davies, M., Patel, F., & Rogers, P. (2013). Examining the Roles of Victim-Perpetrator Relationship and Emotional Closeness in Judgements Toward a Depicted Child Sexual Abuse Case. *Journal of Interpersonal Violence*, 28 (5), 887-909. Doi: 10.1177/0886260512459376

Patel, F. (2011). Factors affecting food choice. *Psych-Talk* Issue 68 (February 2011)

Patel, F. (2010). Why does maths anxiety occur, and why is it more prevalent in some individuals than others? *Psych-Talk* Issue 67 (September 2010)