



Dr Douglas Maisey
PhD, D. Clin Psychol, BSc Hons,
Diploma Cognitive Therapy



CONTACT

 01242 263 715

 Team2@hughkochassociates.co.uk

 www.hughkochassociates.co.uk

PROFESSIONAL QUALIFICATIONS

Diploma in Cognitive Therapy, with Merit

Newcastle Cognitive Therapy Centre and
University of Durham

2003-2004

Doctorate in Clinical Psychology

University of Newcastle Upon Tyne

1999-2002

**PhD Psychology (Eating Disorders
research),**

University of Newcastle Upon Tyne

1996-1999

Doctorate in Clinical Psychology

BSc Hons. Psychology, 2.1

University of Newcastle Upon Tyne

1993-1996

PROFESSIONAL MEMBERSHIPS

Qualified Cognitive Behavioural therapist (Member
BABCP

Research PhD

Doctorate In Clinical Psychology - Chartered and
Registered Consultant Clinical Psychologist (HCPC
registration number PYL16214)

The role and duty of the expert witness 2022

Skills in report writing 2022

Skills in preparing joint statements 2022

Cross examination and courtroom skills 2022

PROFESSIONAL EXPERIENCE

**Lead Consultant Clinical Psychologist CNTW NHS
Foundation Trust**

October 2019 to the present. Associate Director of
Psychological Services until November 2022.

Medico legal expert witness report

since 2016.

Consultant Clinical Psychologist

November 2009 to present.

**Principal Clinical psychologist in Primary Care,
North Tyneside NHS Primary Care Trust.**

April 2006 to October 2009.

**Principal Clinical Psychologist, Tees N.E.
Yorkshire NHS Trust Specialist Eating Disorders
Service**

2002-April 2006.

CLINICS Carlisle, Lancaster and Middlesbrough

**TYPICAL AREAS OF
INVOLVEMENT**

Personal Injury (Adults and Children), PTSD,
Anxiety Disorders, Depression, Road
Accident, Work Accident, Housing Stress,
Psychological Aspects of Medical Negligence,
chronic Pain, Reliability of Witness,
Employment Cases, Data Breach, Sexual
Abuse, Cosmetic Surgery

Research experience

Ph.D and D Clin Psy.

One Teesside D Clin Psy thesis (Eating disorders research)

Seven completed Newcastle D Clin Psy theses (Five in Eating Disorders, two OCD)

One Teesside Health Psychology Masters thesis (Eating Disorders research)

Four Durham undergraduate third year projects (OCD research)

Convenor and chair of Eating disorders symposium at national BABCP conference, Warwick 2006.

Supervision and Clinical Consultation

Clinical supervision of specialist practitioners (two CPN's and one social worker) plus a specialist dietician in Eating disorders service.

Supervision of trainee clinical psychologists, five Newcastle and one Teesside trainee to date.

Peer supervision of clinical psychologist through out Primary care post.

Case consultation provided to mental health lead GP in large practice in N Tyneside.

Consultation provided to clinical psychology colleagues regarding eating disorders cases.

Completed Newcastle Cognitive Therapy Supervisors workshop
2006.

Teaching and Training experience

Introduction to Eating Disorders – Newcastle D Clin Psy 2007, 2008.

Therapeutic Skills – CBT perspective – Newcastle D Clin Psy 2007, 2008.

Eating disorders and development – Durham masters in developmental psychology – 2004, 05, 06, 07 and 2008.

Eating disorders and body image distortion – York psychology undergraduate 2nd years – 2007, 2008.

Eating disorders in men – Newcastle psychology undergraduate 3rd years – 2007, 2008.

Motivation and change – North Tyneside Childhood Obesity clinical team – 2007

Understanding Eating Disorders – Durham medical school 5th year psychiatry rotation – 2005, 2006, 2007.

Medicolegal Experience

Dr Maisey began medicolegal reporting in 2014 and clinical negligence reports in 2022, completing approximately 270 reports per year. He has not yet been required to attend court for medicolegal reports. The ratio of claimant and defendant instructions is approximately 90:10, majority claimant.

PUBLICATIONS

Maisey, D. S., Izcky, A., Drewitt, R. & Freeston, M. H. (in preparation). The effects of neutralization on interpretations of Obsessive Compulsive intrusive thoughts: maintenance and development. *Behaviour Research and Therapy*.

Maisey, D. S. & Freeston, M. H. (2002). The effects of neutralization on obsession like interpretations of intrusive thoughts: An analogue study. Symposium presentation at the 30th Anniversary Conference of The British Association of Behavioural and Cognitive Psychotherapy, Warwick, 2002.

Maisey, D. S., Vale, E. L., Cornelissen, P. L. & Tovee, M. J. (1999). Characteristics of male attractiveness for women. *Lancet*, 353, 1500.

Tovee, M. J., Maisey, D. S., Emery, J. L. & Cornelissen, P. L. (1999). Visual cues to female physical attractiveness. *Proceedings of the Royal Society of London – Series B: Biological Sciences*, 266, 211-218.

Maisey, D. S., Cornelissen, P. L., Emery, J. & Tovee, M. J. (1998). The video distortion technique does not measure body image distortion. Presentation at the Eighth International Conference on Eating Disorders, New York, 1998.