

# Dr Douglas Maisey

PhD, D. Clin Psychol, BSc Hons,  
Diploma Cognitive Therapy

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## CONTACT



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www.hughkochassociates.co.uk

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## PROFESSIONAL QUALIFICATIONS

### Diploma in Cognitive Therapy, with Merit

Newcastle Cognitive Therapy Centre and  
University of Durham

2003-2004

### Doctorate in Clinical Psychology

University of Newcastle Upon Tyne

1999-2002

### PhD Psychology (Eating Disorders research),

University of Newcastle Upon Tyne

1996-1999

### Doctorate in Clinical Psychology

#### BSc Hons. Psychology, 2.1

University of Newcastle Upon Tyne

1993-1996

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## PROFESSIONAL MEMBERSHIPS

Qualified Cognitive Behavioural therapist (Member  
BABCP

Research PhD

Doctorate In Clinical Psychology - Chartered and  
Registered Consultant Clinical Psychologist (HCPC  
registration number PYL16214)

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## PROFESSIONAL EXPERIENCE

### Associate Director of Psychological Services and Lead Consultant Clinical Psychologist CNTW NHS Foundation Trust

October 2019 to the present.

### Medico legal expert witness report

since 2014.

### Consultant Clinical Psychologist

November 2009 to present.

### Principal Clinical psychologist in Primary Care, North Tyneside NHS Primary Care Trust.

April 2006 to October 2009.

### Principal Clinical Psychologist, Tees N.E. Yorkshire NHS Trust Specialist Eating Disorders Service

2002-April 2006.

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**CLINICS** Carlisle and Middlesbrough

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## TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children), PTSD,  
Anxiety Disorders, Depression, Road  
Accident, Work Accident, Housing Stress,  
Psychological Aspects of Medical Negligence,  
chronic Pain, Reliability of Witness,  
Employment Cases

## Research experience

Ph.D and D Clin Psy.

One Teesside D Clin Psy thesis (Eating disorders research)

Seven completed Newcastle D Clin Psy theses (Five in Eating Disorders, two OCD)

One Teesside Health Psychology Masters thesis (Eating Disorders research)

Four Durham undergraduate third year projects (OCD research)

Convenor and chair of Eating disorders symposium at national BABCP conference, Warwick 2006.

## Teaching and Training experience

Introduction to Eating Disorders – Newcastle D Clin Psy 2007, 2008.

Therapeutic Skills – CBT perspective – Newcastle D Clin Psy 2007, 2008.

Eating disorders and development – Durham masters in developmental psychology – 2004, 05, 06, 07 and 2008.

Eating disorders and body image distortion – York psychology undergraduate 2nd years – 2007, 2008.

Eating disorders in men – Newcastle psychology undergraduate 3rd years – 2007, 2008.

Motivation and change – North Tyneside Childhood Obesity clinical team – 2007

Understanding Eating Disorders – Durham medical school 5th year psychiatry rotation – 2005, 2006, 2007.

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### Supervision and Clinical Consultation

Clinical supervision of specialist practitioners (two CPN's and one social worker) plus a specialist dietician in Eating disorders service.

Supervision of trainee clinical psychologists, five Newcastle and one Teesside trainee to date.

Peer supervision of clinical psychologist through out Primary care post.

Case consultation provided to mental health lead GP in large practice in N Tyneside.

Consultation provided to clinical psychology colleagues regarding eating disorders cases.

Completed Newcastle Cognitive Therapy Supervisors workshop 2006.

## **PUBLICATIONS**

Maisey, D. S., Izcky, A., Drewitt, R. & Freeston, M. H. (in preparation). The effects of neutralization on interpretations of Obsessive Compulsive intrusive thoughts: maintenance and development. Behaviour Research and Therapy.

Maisey, D. S. & Freeston, M. H. (2002). The effects of neutralization on obsession like interpretations of intrusive thoughts: An analogue study. Symposium presentation at the 30th Anniversary Conference of The British Association of Behavioural and Cognitive Psychotherapy, Warwick, 2002.

Maisey, D. S., Vale, E. L., Cornelissen, P. L. & Tovee, M. J. (1999). Characteristics of male attractiveness for women. Lancet, 353, 1500.

Tovee, M. J., Maisey, D. S., Emery, J. L. & Cornelissen, P. L. (1999). Visual cues to female physical attractiveness. Proceedings of the Royal Society of London – Series B: Biological Sciences, 266, 211-218.

Maisey, D. S., Cornelissen, P. L., Emery, J. & Tovee, M. J. (1998). The video distortion technique does not measure body image distortion. Presentation at the Eighth International Conference on Eating Disorders, New York, 1998.