

## Dr Fehmida Natha

**DClinPsy, MSc Forensic Psychology,  
BSc Psychology**

---



### CONTACT



01242 263 715



Team3@hughkochassociates.co.uk



www.hughkochassociates.co.uk

---

### PROFESSIONAL QUALIFICATIONS

#### **Doctorate in Clinical Psychology**

Lancaster University  
2011-2015

#### **MSc in Forensic Psychology**

University of Central Lancashire  
2010-2011

#### **BSc in Psychology**

University of Central Lancashire  
2007-2010

---

### PROFESSIONAL REGISTRATIONS

HCPC (Registration number: PYL33042)

---

### CLINICS

Blackburn

### PROFESSIONAL EXPERIENCE

#### **SENIOR CLINICAL PSYCHOLOGIST**

July 2017- Current

Ribble Male Assessment Ward, Royal Blackburn Hospital, Lancashire Care Foundation Trust

#### **CLINICAL PSYCHOLOGIST**

December 2015- May 2017

HMP Garth, Beacon Unit, Leyland- MerseyCare NHS Trust

#### **TRAINEE CLINICAL PSYCHOLOGIST**

September 2011- November 2015

Lancashire Care Foundation Trust

#### **MENTAL HEALTH SUPPORT WORKER**

June 2010- September 2011

Lancashire and South Cumbria NHS Foundation Trust

---

### TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults), PTSD, Anxiety Disorders, Depression, Road Accident, Effects of Automatism in Traffic Situations, Work Accident, Housing Stress, Reliability of Witness, Employment Cases, Forensic Psychology



## ADDITIONAL TRAINING/WORKSHOPS

November 2020: Mentalisation Based Therapy: Basic Training. Anna Freud Centre. (Dr Anthony Bateman). 1 month programme (3 day live teaching days, alongside 21 hours self-guided content – online course)

May 2018: Introduction to Compassion Focussed Therapy: Working with Shame and Self-criticism – 3 day workshop (Dr Chris Irons)

April 2017: The Use of Cognitive Analytic Therapy in Forensic Settings (1 day conference)

March 2017: RSVP Manual training – 2-day workshop (Andrew Sims Centre)

March 2017: DBT Skills 2 day workshop (British Isles DBT Training)

June 2016 – 2-day workshop: HCR-20 V3 training (Greater Manchester West)

October-December 2014: Dissociative Identity Disorder: 5-day workshop (First Person Plural)

Sept 2010 – Dec 2010 – HCR-20 V2 Risk Assessment Training (University of Central Lancashire)

April 2011 – START Risk Assessment Training (University of Central Lancashire)

---

## PUBLICATIONS

Natha, F., & Daiches, A. (2014). The Effectiveness of EMDR in Reducing Psychological Distress in Survivors of Natural Disasters: A Review. *Journal of EMDR Practice and Research*, 8, 157-170. Doi: /10.1891/1933-3196.8.3.157

Davies, M., Patel, F., & Rogers, P. (2013). Examining the Roles of Victim-Perpetrator Relationship and Emotional Closeness in Judgements Toward a Depicted Child Sexual Abuse Case. *Journal of Interpersonal Violence*, 28 (5), 887-909. Doi: 10.1177/0886260512459376

Patel, F. (2011). Factors affecting food choice. *Psych-Talk* Issue 68 (February 2011)

Patel, F. (2010). Why does maths anxiety occur, and why is it more prevalent in some individuals than others? *Psych-Talk* Issue 67 (September 2010)