

Dr Mari Aldridge

**BSc (Joint Hons). DClinPsych. MSc.
Clinical and Forensic Psychologist**



CONTACT



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www.hughkochassociates.co.uk

PROFESSIONAL QUALIFICATIONS

Accredited EMDR Practitioner

EMDR Europe - 2020

Accredited CBT Therapist

BABCP - 2011

Doctorate in Clinical Psychology

University of Bristol

2003-2007

MSc in Criminological Psychology

University of Birmingham

2000-2001

BSc (Joint Hons) Psychology and Sociology

University of Bath

1994-1998

PROFESSIONAL REGISTRATIONS

HCPC (Registration number: PYL01671)

British Psychological Society (Membership number: 088250)-Division of Clinical Psychology, Forensic Psychology and Faculty of Learning Difficulties

British Association for Behavioral and Cognitive Psychotherapies (Accredited CBT Therapist and Full Member, 090931)

Full Member of EMDR UK

CLINICS

Taunton & Exeter

PROFESSIONAL EXPERIENCE

HCPC CLINICAL AND FORENSIC PSYCHOLOGIST AND DIRECTOR

August 2011—Current

M.L.A. Psychology Services Limited, Taunton

DIRECTOR AND CLINICAL LEAD

2016-Current

Prometheus Psychological Therapy Centre, Taunton

PRINCIPAL CLINICAL PSYCHOLOGIST

April 2009- April 2011

Taunton and Somerset NHS Trust, Community Mental Health Team, Taunton

CLINICAL AND FORENSIC PSYCHOLOGIST

September 2007- April 2009

Orchard House Family Assessment Centre, Taunton

CLINICAL AND FORENSIC PSYCHOLOGIST

September 2007- April 2009

Independent Medical and Psychological Services Ltd (IMPS), Taunton

FORENSIC PSYCHOLOGIST

1999-2003

Offending Behaviour Programmes Unit, H.M. Prison Service, London

TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children), PTSD, Anxiety Disorders, Depression, Road Accident, Effects of Automatism in Traffic Situations, Work Accident, Housing Stress, Psychological aspects of Medical Negligence, Chronic Pain, Reliability of Witness, Employment Cases, Forensic Psychology

ADDITIONAL TRAINING/CPD

University of Cardiff, Bond Solon Expert Witness Training (Role and Duty of Expert Witness, Skills in Report Writing, Cross Examination and Court Room Skills).

British Psychological Society: Expert Witness Review – Using Psychometrics

Advanced Trauma Training – Bessel Van de Kopp

Compassionate Focused Therapy for Post -Traumatic Stress Disorder

PESI – Intensive Trauma Treatment Course

Mindfulness Based Stress Reduction

EMDR Training Part 4

Historical Clinical Risk-V3 (HCR-V3) for the Assessment of Violence Risk

Psychopathy Checklist Revised Reliability Training (PCL-R)

International Personality Disorder Examination (IPDE)

CURRENT TRAINING

Completed Expert Witness Training Seminars (The Role and Duty of the Expert Witness; Skills in Report Writing; Skills in preparing Joint Statements; Cross-examination and Courtroom Skills)