

# Dr Jenny Bowe

## BSc D.Clin.Psy. HCPC Registered Practitioner Psychologist

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### CONTACT



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www.hughkochassociates.co.uk

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### PROFESSIONAL QUALIFICATIONS

#### EMDR Training Level 2 (ongoing to reach Level 3)

2017 – 2018

#### Cognitive Analytic Therapy (CAT) Practitioner Training

2013 – 2016

#### Doctorate in Clinical Psychology

2008 -2011

#### BSc (Hons) Psychology

2002 - 2005

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### PROFESSIONAL MEMBERSHIPS

HCPC registration number: PYL27574

Member of Association of CAT

Bond Solon Excellence in Report Writing and  
Courtroom Skills

Associate Fellow of the British Psychological Society

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**CLINICS:** Liverpool & Chester

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### PROFESSIONAL EXPERIENCE

- Provision of psychological assessment and therapy to individuals, couples and families with complex mental health problems
- Conducting therapeutic interventions including cognitive behavioural therapy, cognitive analytical therapy and EMDR (Level 2).
- Supervision of Clinical Psychologists and multidisciplinary team members
- Providing training and consultation to professionals
- Design and implementation of service development projects
- Interviewing and recruitment of staff

### PROFESSIONAL EXPERIENCE

#### Senior Clinical Tutor

March 2018 – Current

Doctorate in Clinical Psychology

#### Independent Sector: 2014 – Current

- Psychological assessment of adults in the context of civil proceedings and personal injury work. Regularly takes therapy instructions from private referrals and case management companies and has up to date training in writing high quality expert witness reports.
- Extensive experience of assessing a wide range of mental health problems by psychometric objective assessments and clinical interview.
- Psychological assessments, formulations, interventions and evaluations, working with clients dealing with trauma following personal injury.

#### NHS: 2011 - Current

- Liverpool Eating Disorder Service & Bariatric Psychology
  - Performing psychological assessments of patients eligible for bariatric (weight loss) surgery and providing highly specialised written reports
  - Conducting interventions to provide a greater platform for monitoring success of outcomes
  - Collaborating with colleagues to monitor treatment programs and produce research
  - Conducting assessment, formulation, intervention and evaluations of adults who suffer from complex eating disorders (anorexia, bulimia, and binge eating). Providing written communication to GPs and other healthcare providers.
  - Providing treatments and therapy to patients with co morbid difficulties including personality disorder symptoms, psychosis and other complex mental health conditions
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### TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children); PTSD; Anxiety Disorders; Depression; Road Accident; Effects of Automatism in Traffic Situations; Work Accident; Housing Stress; Psychological Aspects of Medical Negligence; Chronic Pain; Reliability of Witness; Employment Cases