



Dr Eleanor Sorrell

PsychD (Clinical), PhD



CONTACT

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PROFESSIONAL QUALIFICATIONS

Doctor of Psychology (Clinical Psychology)

September 2003 – September 2006

University of Surrey

Doctor of Philosophy

Thesis entitled: Management of treatment resistant depression

May 2000 – September 2003

University of Dundee

PROFESSIONAL MEMBERSHIPS

Associate Fellow of the British Psychological Society

Health Professions Council Registered
PYL21166

CLINICAL EXPERIENCE

- Provision of psychological assessment and therapy to individuals with complex mental health problems.
- Conducting therapeutic interventions including Cognitive Behavioural Therapy, Acceptance Commitment Therapy, solution focused therapy and attachment based interventions.
- Supervision of Clinical Psychologists and multidisciplinary team members.
- Training and Consultation to professionals from healthcare and criminal justice system.

PROFESSIONAL EXPERIENCE

Co-Founder and Lead Psychologist

2017 - Current

Psychology South Essex

Lead Clinical Psychologist – Secure, Forensic and Inpatient Service

2013 - 2017

North Essex Partnership NHS Foundation Trust.

TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children) PTSD, Anxiety Disorders, Depression, Road Accident, Effects of Automatism in Traffic Situations, Work Accident, Housing Stress, Psychological Aspects of Medical Negligence, chronic Pain, Reliability of Witness, Employment Cases

RECENT PUBLICATIONS

Sorrell, E., Hayward, M. & Meddings, S. (2010). Interpersonal Processes and Hearing Voices: A Study of the Association Between Relating to Voices and Distress in Clinical and Non-Clinical Samples. *Behavioural and Cognitive Psychotherapy*, 38(2), 127-140.

Swan, J., Sorrell, E., MacVicar, R., Durham, R. & Matthews, K. (2003). "Coping with Depression": an open study of the efficacy of a group psychoeducational intervention in chronic, treatment-refractory depression. *Journal of Affective Disorders*, 82(1), 125-129.

Matthews, K., Christmas, D. Swan, J & Sorrell, E. (2005). Animal models of depression: navigating through the clinical fog. *Neuroscience and Biobehavioural Reviews*, 29 (4-5), 503-513.

CLINICS: Brentwood, Southend-On-Sea