

# Dr Simon Midgley

Chartered Clinical Psychologist, D. Clin.  
Psych., Bsc. (Hons), Dip. Cog. Ther.,



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## CONTACT



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<https://www.hughkochassociates.co.uk/>

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## PROFESSIONAL QUALIFICATIONS

### Diploma in Cognitive Therapy

University of Durham  
2003-2004

### Doctorate in Clinical Psychology

University of Newcastle  
1999-2002

### Psychology BSc. (Hons.)

University of Northumbria  
1993-1996

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## PROFESSIONAL MEMBERSHIPS

Chartered Member - British Psychological Society –  
Membership Number 87519

Health Professions Council – PYL17887

British Psychological Society – Directory of Expert  
Witnesses

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**CLINICS:** Carlisle, Hull, Leeds, Middlesbrough,  
Newcastle-Upon-Tyne & Sunderland

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## TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children): PTSD;  
Child Physical, Emotional and Sexual Abuse;  
Anxiety Disorders; Road Accident; Work  
Accident; Employment Stress; Psychological  
Aspects of Medical Negligence; Chronic Pain;  
Reliability of Witness; Criminal Injuries  
Compensation (Adults and Children including  
Child Abuse); Assessment and Treatment of  
Child and Adolescent Accident Trauma and  
Anxiety and the Effects of Child Abuse

## PROFESSIONAL EXPERIENCE

### Chartered Clinical Psychologist

May 2013 – Current

HK Associates

### Chartered Clinical Psychologist

July 2010 – Current

Independent Practice

### Clinical Psychologist (Part time)

January 2011 – January 2014

Police, Scotland.

### Consultant Clinical Psychologist

August 2010 – November 2011

Parsons Dowd Psychological Ltd.

### Mental Health Advisor

October 2009 – March 2010,

Médecins Sans Frontières, Operational Centre Amsterdam.

### Mental Health Advisor

March 2009 – August 2009

Médecins Sans Frontières, Myanmar (Burma).

### Mental Health Officer

November 2008 – December 2008

Médecins Sans Frontières, Emergency Team, Balochistan  
Earthquake, Pakistan.

### Mental Health Officer

September 2006 – April 2008

Médecins Sans Frontières, Urabá Project, Colombia.

### Clinical Psychologist (Band 8a)

October 2002 – July 2006

North Tyneside Primary Care Trust.

### Trainee Clinical Psychologist

September 1991 – September 2002

University of Newcastle upon Tyne.

### Senior Research Assistant

November 1998 – September 1999

Centre for Clinical Psychology and Healthcare, Research,  
University of Northumbria.

### Assistant Research Psychologist

January 1997 – June 1998

Centre for Alcohol and Drug Studies, Newcastle NHS Trust



## RECENT PUBLICATIONS

**Luce, A., Firth-Cozens, J., Midgley, S. & Burges, C. (2002).** After the Omagh bomb: Posttraumatic stress disorder in health service staff. *Journal of Traumatic Stress*, 15 (1), 27-30.

**Midgley, S. J., Heather, N., Best, D., Henderson, D., McCarthy, S. & Davies, J. B. (2000).** Risk behaviours for HIV and hepatitis infection among anabolic-androgenic steroid users. *AIDS Care*, 12 (2), 163-170.

**Firth-Cozens, J., Midgley, S. J. & Burges, C. (1999).** Questionnaire survey of post-traumatic stress disorder in doctors involved in the Omagh bombing. *British Medical Journal*, 319, 1609.

**Midgley, S. J., Heather, N. & Davies, J. B. (2001).** Levels of aggression among a group of anabolic-androgenic steroid users. *Medicine, Science and the Law*, 41 (4), 309-314.

**Midgley, S. J., Heather, N. & Davies, J. B. (2000).** Dependence-producing potential of anabolic-androgenic steroids. *Addiction Research*, 7 (6), 539-550.

**Firth-Cozens, J. & Midgley, S. (2000).** Clinical governance development need in clinical psychologists. *Clinical Psychology Forum*, No. 139, 32-34.

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## CURRENT TRAINING

Completed Expert Witness Training Seminars (The Role and Duty of the Expert Witness; Skills in Report Writing; Skills in preparing Joint Statements; Cross-examination and Courtroom Skills)

## RECENT PROFESSIONAL DEVELOPMENT AND TRAINING

Bond Solon Witness Familiarisation Program (Criminal and Civil) (2015)

British Psychological Society Expert Witness Level 1: Essential Knowledge

British Psychological Society Expert Witness Level 2: Report Writing

British Psychological Society Expert Witness Level 3: Court Room Evidence

British Psychological Society Expert Witness Level 4: Psychometrics (2015)

Bond Solon Civil Procedure Rules For Expert Witnesses Certificate (2014)

Eye Movement Desensitisation and Reprocessing (EMDR) Part 1, Edinburgh, August 2010.

Working Successfully in Private Practice – British Psychological Society workshop, London, May 2010.

Mental Health in Areas of Armed Conflict, MSF, Bakuum, Holland, October 2008.

Voluntary Counselling and Testing for HIV/AIDS, Apartadó, Colombia, December 2007.

Psychosocial Interventions in areas of Armed Conflict, Bogotá, Colombia, December 2006

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