


# Dr Rachael Tanner


**Clinical Psychologist, BSc. (Hons.)  
Psychology**



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## CONTACT

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## PROFESSIONAL QUALIFICATIONS

**D.Clin.Psych (Doctorate in Clinical Psychology).**

2003

**BSc. (Hons.) Psychology Upper Second**  
Southampton University

1996

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## PROFESSIONAL MEMBERSHIPS

Graduate member of British Psychological Society (BPS) and the Division of Clinical Psychology (DCP). Registered as a Chartered Clinical Psychologist with practicing certificate.

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**CLINICS:** Bournemouth, Portsmouth, Southampton, Stockbridge

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## PROFESSIONAL EXPERIENCE

### Practicing Clinical Psychologist

October 2013 – Current

(Dorset NHS and Private practice)

### Trainee Clinical Psychologist

October 2000 – September 2003

Doctorate Course in Clinical Psychology, University of Southampton

### Psychology Assistant

September 1998-September 2000

Salisbury Health Care NHS Trust

### Social Work Assistant, Wiltshire County Council

August 1996-September 1998

Community Mental Health Team

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## TYPICAL AREAS OF INVOLVEMENT

Personal Injury (Adults and Children):  
PTSD; Child Physical, Emotional and Sexual Abuse; Anxiety Disorders; Road Accident; Effects of automatism in traffic situations; Work Accident; Housing Stress; Psychological Aspects of Medical Negligence; Chronic Pain; Reliability of Witness, Employers Liability Issues and absence management reporting, Criminal Injuries Compensation (Adults and Children including child abuse), Assessment and treatment of child accident trauma and anxiety and the effects of child abuse.

## **RECENT PROFESSIONAL DEVELOPMENT AND TRAINING**

**Accredited Cognitive Analytic Therapy Practitioner** - January 2007

**Improving Supervision Skills BABCP** - March 2005

(Gillian Butler), Ower

**Schema Therapy for Borderline Personality Disorders.** - November 2004

Jeff Young, University of London

**Harnessing Hope and Reducing Relapse: Engaging Clients in Cognitive Therapy for Depression** (2 days). Christine Padesky, Institute of Education, University of London - May 2004

**Identity and the Self BABCP** - May 2004

(1 day) Gillian Butler, Ower

**Introduction to Dialectical Behaviour Therapy** - October 2003

(2 days) Professor Sue Clarke, Salisbury

**Trauma Conference BABCP-** April 2003

(1 day) Southampton

**Treating Complex Eating Disorders Workshop BABCP** - April 2003

(1 day) Southampton

**Drug Awareness Training** - October 2002

(1 day) Avon and Wiltshire NHS Trust Training

**Cognitive Therapy Unplugged Workshop** - July 2002

given by Dr Christine Padesky (2 days) London

**PSIGE Annual Workshop and Conference** - July 2002

(2 days) Winchester

**Cognitive Therapy for Low Self-Esteem BABCP Workshop** - May 2002

given by Dr Melanie Fennell (1 day) Southampton

**CBT with Children and Families, BABCP Conference** - September 2001  
**and Workshop** (2 days) Oxford